



Therapeutic Behavioral Services (TBS) Family and Youth Strategy Conference Call

January 24, 2011 Call Highlights

OVERVIEW:

- The third conference call was held in January. We had approximately 30 connections for this call.
 - Participants included: youth and parents of youth who are receiving or have received Therapeutic Behavioral Services (TBS), parent partners, TBS providers, TBS coaches and County TBS Coordinators.
 - The core TBS Family & Youth Strategy Team introduced themselves: Amber Burkan, California Youth Empowerment Network (CAYEN) and the California Council of Community Mental Health Agencies (CCCMHA); Kathleen Carter Nishimura, Department of Mental Health (DMH); Mary Hargrave, California Institute for Mental Health (CiMH); Vickie Mendoza, United Advocates for Children and Families (UACF); and Cindy Robbins-Roth, Edgewood Parent/Family Partner.
 - The following eight Level II Counties were represented: Contra Costa; Fresno; Los Angeles; Kern; Sacramento; San Diego; San Joaquin; and San Mateo. The three Level I County participants included: Nevada; San Benito; and Shasta.
- The goal of this call was to re-introduce the conference call strategy, outreach to future monthly participants and most importantly, gather feedback from call participants.
- UACF will be hosting monthly Parent Partner Coalition (PPC) conference calls that will have TBS as a standing agenda item, but will also include networking, information on jobs, trainings, public policy, what's happening in their regions, and any other bits of information that will add tools to the parent partner's tool box. The teleconferences will incorporate training, networking and support to engage and empower new parent partners; and allow seasoned parent partners to become mentors. The conference calls will be scheduled one week before the TBS Family & Youth Strategy.
- CAYEN will be hosting a monthly call for youth receiving services, who have received services, or who are youth peer mentors working closely with youth receiving services. The all-youth calls hosted by CAYEN will be TBS specific. The goal is to have at least one young person from all 27 counties. The first call will be scheduled in late February 2011.
- Background information on the Emily Q Lawsuit and the TBS Nine-Point Plan was provided as framework for the monthly calls.

CALLER FEEDBACK:

TBS Coaches – Finding the Right Fit:

Coaches that fit DO:

- Understand your culture and customs practiced in the home;
- Sit on the floor if they have to;
- Are consistent; and/or
- Help your family succeed by skill building.

Coaches that fit DON'T:

- Judge you;
- Feel like they have to change you;
- Know their job; and/or
- Constantly turnover after you've established a connection.

The need for more male TBS coaches was identified.

Orientation:

- A TBS orientation is crucial.
- Providing a handout or pamphlet that is short, easy to read that describes that TBS looks like is very helpful to new parents.
- The initial meeting can be overwhelming and having a pamphlet to read at a later time is valuable.

Engaging Family & Youth:

Stakeholder meetings that worked:

- Were welcoming and allowed views to be expressed;
- Included very few private providers;
- Provided childcare; and
- Are scheduled after 5:00 p.m.

Suggested Topics for February Call:

Possible agenda items include:

- Reviewing a TBS flyer for family/youth-friendliness

The next call is scheduled for Monday, February 28th.